

Lacrosse Rule Book 2017



INDIAN NATION YOUTH SPORTS



2017

Indian Nations Lacrosse Conference

Rulebook

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INDIAN NATIONS LACROSSE CONFERENCE BY-LAWS

I PURPOSE

The name of this organization shall be Indian Nations Lacrosse Conference (INLC), a subsidiary of Indian Nations Youth Sports (INYS). The purpose of this Conference shall be to govern, coordinate and enforce the INLC by-laws for all organizational events among the participating organizations.

II CLUB MEMBERSHIP

Section 1

Membership in this Conference shall consist of the following organizations:

Members:

Bixby Youth Lacrosse	Broken Arrow Youth Lacrosse
Cascia Hall Lacrosse	Capital City Lacrosse
Claremore Youth Lacrosse	Deer Creek Lacrosse
Dutch Youth Lacrosse (Holland Hall)	Huskies Lacrosse (Edmond North)
Jenks Youth Lacrosse	Junior Comets Lacrosse (Bishop Kelley)
Huskies Lacrosse	OK Endurance
OKC Endurance Girls' Lacrosse	Owasso F.O.R. Youth Lacrosse
Northwestern Arkansas Youth Lacrosse	Republic Lacrosse
Union Youth Lacrosse	

Section 2

By accepting the terms of membership in the Indian Nations Lacrosse Conference (INLC), Membership organizations and their individual members acknowledge the INLC is a private organization and that it

reserves the right to refuse membership and/or participation to any person whose actions hinder the activities or violates the rules of the INLC and that such determination will be at the sole discretion of the INLC.

Arbitration

It is agreed that any matter in dispute between you and the Indian Nations Conference and its subsidiaries shall be subject to arbitration as an alternative to court action pursuant to the rules of the American Arbitration Association, a copy of which is available on request from the company. Any decision reached by Arbitration shall be binding upon both you and the INLC. The Arbitration award may include attorney's fees if allowed by state law and may be entered as a judgment in any court of proper jurisdiction.

Section 3

Annual dues of all members shall be determined annually by a majority vote of the membership. The annual dues shall be \$150.00 per team plus \$200.00 annual club fee. Each member prior to the start of the season (first scheduled game) shall pay all team/club dues. A \$10.00 per day late fee will be assessed on any member not current. Exceptions must have prior approval by the Commissioner.

Section 4

No new member shall be admitted into the INLC whose proposed recruiting territory includes or overlaps any portion of the recruiting territory of an existing INLC. All recruiting territory disputes / clarification issues between existing INLC members will be resolved by the INLC Release Committee. Each club shall submit an INLC Boundary Request Form prior to the season starting as set by the Commissioner.

Section 5

To become a member of Indian Nations Lacrosse Conference, the organization seeking admission must provide; in writing, all of the following:

- the structure of their organization,
- the officers of their organization with telephone numbers, and email addresses
- the area they wish protection of players documented or drawn on a map.
- Each club shall submit to Sportabase a club Contact form.
- Each club shall submit an INLC Club Contact Form prior to the season starting as set by the Commissioner.

Clubs shall maintain birth certificates for all players to be produced upon INLC request within 48 hours.

Clubs shall submit a Declaration of Teams by the deadline as set by the INLC Commissioner. Clubs who fail to meet this deadline as set forth by the Commissioner shall be fined an initial fine of \$300 and \$100 each day thereafter.

Clubs shall report to office, no later than 48 hours, an incident/ejection for their home club games.

No games shall be changed after the season's schedule has been approved by the Commission. Coaches will forfeit to other team's club should the team be a no-show. Coaches may submit a special game request form to the Commission should they need to reschedule a game for any reason.

The minimum amount of time for game changes shall be 72 hours advance notice. If games are cancelled for weather, clubs MUST have 72 hours advance notice of the new game time/date/location.

Post-Season Declaration of Team Forms are due Monday, May 1, 2017. The post-season club dues shall be based upon the teams Declared.

Section 6

To become a member of Indian Nations Lacrosse Conference the organization asking to be admitted must have two-thirds vote of approval by the member organizations.

Section 7

An organization, after having been newly admitted in INLC, will be required to sign an INLC member contract and will be automatically on two (2) year probation. Probation begins the date of INLC contract. Each new president voted into the organization will be required to review and sign the existing contract. New clubs will not have voting privileges until after they have served the first year of probationary period.

Section 8

Expulsion of a member organization during the probation period will require only a majority vote of the remaining member organizations. The expulsion of an organization not on probation will require a two-thirds vote of the remaining members.

Section 9

All players must register through the league registration system; |Sportabase.com. All Players shall be entered on Sportabase before the first game.

III INLC OFFICERS

Section 1

The Officers of the Indian Nations Lacrosse Conference shall be referred to as the “Commission” and shall be comprised of:

Indian Nations Youth Sports Director

Indian Nations Lacrosse Commissioner
Indian Nations Lacrosse Secretary
Indian Nations Lacrosse Treasurer
Director of Spring Field Lacrosse Program
Director of Women's Lacrosse Program
Director of Summer Box Lacrosse Program

Section 2

Officers will be elected by majority vote during the spring membership meeting and will serve one year. No more than two officer positions can be filled by any member organization.

Section 3

Commissioner: The Commissioner shall preside at all meetings, appoint, and administer and enforce all rules and activities of Indian Nations Lacrosse Conference. The Commissioner will be empowered with all rights to make immediate rulings on questions of rule violations or questions raised from incidents not covered by INLC rules and regulations. His ruling will stand until which time the Officers making up the Commission can meet, during which the Commission can then overturn the Commissioner or reinforce the Commissioner's decision by a majority vote of the Commission.

Section 4

Officers will be empowered to enforce all rules of the Indian Nations Lacrosse Conference.

Directors (as deemed necessary by the commission of the INLC) will not be allowed to coach within the grade level, which they represent.

IV INLC MEETINGS

Section 1

Meetings shall be held at the request of the Commissioner or at the request of any four- member organizations within fourteen (14) days

of such request. These meetings shall be limited to the individual member organization's representatives and member organization officers; however, each organization will be limited to three active participants during any meeting. The Commissioner can grant exceptions. Persons other than those listed above wishing to attend a Conference meeting and/or address the membership must first have approval of a Commission officer.

Section 2

Each organization must be notified at least 72 hours in advance of any meeting and be given the purpose of the meeting. Conference business may not be conducted unless this condition is satisfied.

Section 3

Each organization shall have one vote PER EACH of FOUR GRADE levels by TEAM GENDER (Boys vs Girls), K-2, 3/4, 5/6, 7/8 registered with INLC on any issue requiring a membership vote. Members possessing teams in that grade and gender category are only to vote on issues relative to a particular grade or team gender. The number of votes per grade will be determined by the "declaration of teams" meeting and will be valid for one year. Member organizations without team representation in a particular grade or gender will not have voting rights on issues that apply to that grade or gender.

Section 4

Members present and attending a Conference meeting that has been publicized to the INLC membership will constitute a quorum.

Section 5

Proxy votes will not be accepted at meetings. Members must be present to vote on Conference matters.

V

INLC COACHES

Section 1: Certification

Each head coach and all members of each coaching staff will hold a current and active US Lacrosse Membership and will show proof when requested by a Commission officer. The President of each association must submit to the INLC office a list of all coaches involved in their program along with their active US Lacrosse Membership Number and expiration date prior to the first regular season game.

Section 2: Registration

All coaches must register through the approved league registration system; Sportabase.com, to ensure accurate contact information is complete and waivers are signed.

Section 3: Coaches Meetings

A team representative must attend a mandatory INLC Coaches Meetings scheduled prior to the start of each season.

Section 4: Background Checks

Club Presidents will verify that an approved background check has been completed and that each coach has been “green lighted” or is “in process”.

Section 5: Sidelines

The number of non-player personnel on each teams sideline shall not exceed four (4). This four (4) include all coaches, manager, play counters, or water aids. Any coaching of players must be by a certified coach. The head coach will be held accountable for their sideline personnel and any violation of this rule. If stationed at a table at the half-line of the field, the scorers and timekeepers are not included in the four sideline personnel.

Section 7: Table & Clock Personnel

Each home team shall provide an appropriate number of volunteers to maintain the field table, the penalty clock and scorebook.

Each visiting team shall provide no less than one (1) volunteer to maintain the game clock.

VI EQUIPMENT

All equipment standards are set forth in the Youth Rules and Best Practices Guidebook for Boys 2017 Edition.

<http://www.uslacrosse.org/portals/1/documents/pdf/participants/players/boysyouthguidebook.pdf>

INLC exceptions to these rules are as follows:

1) Crosse dimensions – Players in the K-2 and 3/4 grade divisions will not be allowed to use any crosse that is longer than 42". Starting in the 5/6 grade divisions and forward players may use a long crosse. It is recommended that the long crosse is not taller than the player in these grades.

VII TEAM DRAFTS

Section 1

A) Maximum roster size will be 26 players for all grades 3 through 8.

Maximum roster size will be 14 players for all grades K through 2.

- Teams exceeding the maximum are required to form an additional team or teams of equal ability by a drafting method approved by the Commission.

- A team must have 10 players in order to form.

B) A Commission member or a representative must be present during all drafts. No Commission member will supervise a draft involving that Commission member's home club.

C) A team may recruit and protect up to four (4) players from the draft. The membership program manages protected players and names of

protected players must be presented to INLC upon the start of the draft. Teams will be drafted EVERY year.

D) Each organization is required to leave registration open until January 25, 2017. Each organization must inform the Commissioner as to the number of teams which will be fielded per grade no later than 12PM January 27, 2017 by submitting their completed “Declaration of Teams” form. February

E) Upon the completion of the draft any additional player(s) must be approved and assigned to a team by the Commissioner or a Commission Officer. Failure to comply will result in forfeitures due to illegal draft.

F) Member organizations may set forth more stringent team draft rules than those established under INLC by-laws, with prior approval of the Commissioner.

Section 2: Transfers or Release

A player requesting to be transferred from one INLC organization to another must first obtain a release in writing (using the appropriate INLC Release Form) from the organization from which he is requesting the release. The signed form must then be sent to the INLC office to be reviewed by the INLC committee on release issues. The committee may then hold a meeting with the parents of the child in question, where as a decision will be made to either grant or deny the release. The Commissioner will have the deciding vote on release issues. Players that are granted transfers must be placed in the draft and may not be a protected player from the draft. Players granted transfers after the draft shall be assigned by the Commissioner.

Section 3: Divisions

At the beginning of each season, member programs will declare how

many teams they will have per grade level. Once the league determines how many teams will be at each grade level, divisions will be set according to geographic boundaries.

VIII PLAYER PARTICIPATION

Section 1: Age and Eligibility Guidelines

The following age groupings are determined as of the September 1st preceding competition.

Players are allowed to ‘play up’ one grade level subject to coach’s approval and program rules.

- To participate in the seventh and eighth grade division; a player cannot be above the eighth grade and cannot be 15 years old prior to September 1.
- To participate in the fifth and sixth grade division, a player cannot be above the sixth grade and cannot be 13 years old prior to September 1.
- To participate in the third and fourth grade division, a player cannot be above the fourth grade and cannot be 11 years old prior to September 1.
- To participate in the K through second grade division, a player cannot be above the 2nd grade and cannot be 9 years old prior to September 1.

Section 2

Players cannot play on more than one team during the INLC spring season. Players will not be permitted to “float” or “swing” from one team to another or across grade divisions. Infraction of the “no float” rule will result in a forfeiture of games or suspension of player and/or coaches at the Board’s discretion.

A team roster must be submitted to the Commissioner by all membership associations. The roster will be an approved INLC roster.

A new player will not be permitted to join an association within INLC or participate with a team after the first game. If a player moves in from an area outside INLC, the Commissioner may grant an exception. The request must be made early in the season.

Section 3

Each player must play a minimum of 6 minutes per half. An exception will be for goalies. If a team has more than one goalie they can elect to play one goalie the first half and the other goalie the second half to accommodate the playing rule. You will NOT be allowed to only play one goalie 12 minutes of the first half and have that be their entire playing time. If more than 2 goalies on a team Then the 6 minute per half minimum playing time rule will be in effect. Coaches must keep track of player time on the field. Penalty times will go against playing time. In the event of a shortened game (i.e. due to rain or time restraint) then the minimum playing time will be adjusted accordingly. For example, if a game is 20% shorter then the minimum playing time will also be 20% shorter for that half. In the event a player is out for injury, disciplinary reasons, improperly equipped, etc., the coach MUST document on the official roster form, handed into the table for that game, and the player will remove their gear and wear a yellow pinnie on the sideline. If the player is not present they MUST still be documented on the official game roster. If a player plays any time during a half they MUST play the minimum playing time during that half unless injured or due to disciplinary issues, and then it MUST be documented on the official game roster form during the game.

IX LACROSSE RULES

Overarching Principle

The game is to be played with emphasis on the proper development of individual stick skills, team play, player safety, and sportsmanship.

Section 1

All rules (other than noted exceptions) for Grades K through 8th will be governed by the following: 2017 Rules for Boys Youth Lacrosse. INLC rules outlined below supersede NFHS rules unless otherwise stated.

The National Federation of State High School Associations (NFHS) 2016 Boys Lacrosse Rules Book shall govern US Lacrosse boys youth play, except as amended below.

Section 2

One certified official will be required for each regular season game for the K-2 and 3/4 games. Two certified officials will be required for each regular season game for 5/6 and 7/8 games. Should a coach require further clarification of a rule or application of said rule, the following shall apply:

1. The head coach shall ask for a timeout. The official shall grant the time out request. The coach and the official are then able to discuss the matter without the clock running. During this time it is acceptable to review the NFHS rulebook. If, after the time out the coach turns out to be correct, then the call can be corrected and no time out shall be charged to the requesting team. Should the coach be incorrect on the rule and/or application of the rule– a penalty shall be assessed to the team requesting the time-out.

2. Should a coach be out of time-outs yet require discussion of a rule and/or application of that rule, he shall tell the official he is requesting a time-out to discuss a rule. The official shall grant the time-out request. Should a coach be correct on the rule and/or application of said rule the call can be corrected at this time with no consequences for calling a time-out. Should the coach be incorrect there shall be loss of possession penalty for delay of game against the requesting team and play will begin as the opposing team has a free clear. This penalty is enforced only if the team is out of time outs.

Section 3

Dates and times of practices will be determined annually by a majority vote. For the 2017 season, organized team practice or conditioning will not begin until Monday January 30, 2016. Practices will be limited to one and a half (1.5) hours.

A) Teams in the K -2 and 3/4 divisions may practice twice a week and once on Saturday if there are no games scheduled. Otherwise only two practices are allowed.

B) Teams in the 5/6 and 7/8 divisions may practice three times a week and once on Saturday if there are no game scheduled. Otherwise only three practices per week are allowed.

Section 4: Violent Collisions

Some body contact is permitted at all levels of boys' youth lacrosse, with progressively more age appropriate contact permitted as players become more physically mature and learn proper checking techniques. However, sports medicine research indicates that the severity of certain injuries may be reduced if a player can anticipate and prepare himself for an oncoming hit, and other sports medicine research indicates that peripheral vision may not be fully developed in many boys before approximately age fifteen. Therefore, there is no justification for deliberate and excessively violent collision by any player at any youth level, especially intentional player-to-player collisions with defenseless players (so-called "blind side" and "buddy-pass" checks), checks involving the head and/or neck, and excessive body-checks ("take-out checks").

The 2015 NFHS Rules and US Lacrosse Boys Youth Rules more clearly define such violent collisions and in many cases increase the severity of the penalties that prohibit them. US Lacrosse urges officials to apply these rules and utilize the more severe penalty options, and reminds them that body-checks that might be acceptable in high school

play may be excessive in youth lacrosse, and should be penalized accordingly. Coaches are encouraged to coach players to avoid delivering such checks, and to support the officials when they call such penalties. All participants must work together to reduce or eliminate such violent collision from the game.

Section 5: Sportsmanship

Unsportsmanlike conduct by coaches and/or players and/or spectators degrades the experience of youth players and erodes the integrity and appeal of the sport. Therefore, unsportsmanlike conduct will not be tolerated. Obscenities need not be used in order for language to draw a penalty. Tone, intent, and body language can all contribute to unsportsmanlike conduct. Players, coaches, and spectators should exhibit the highest level of sportsmanship at all times. US Lacrosse expects officials to enforce the Unsportsmanlike Conduct rules without hesitation, and further expects coaches to promote good sportsmanship among players and anybody associated with the team,

including spectators, and to support officials in maintaining an environment of civility and sportsmanship.

Section 6: Length of Game

For all divisions - Game length will be 2-20 minute running clock halves with a 5-minute halftime. Each team will have one timeout per half and the clock will stop during timeouts.

Section 7: Mercy rule

Once a team has a five-goal lead, the losing team has the option to receive the ball instead of a face-off or continue to face-off after each goal.

X RULE VIOLATIONS

Section 1: Penalties

Violations of league rules will be acted on and penalties assessed by the Commissioner and reviewed by the Commission, which at that time can, by majority vote, overrule or reinforce the Commissioner and his actions. The penalty or penalties assessed against an organization, coach, parent or player can be one or more of the following:

1. Fine
2. Forfeiture of game or games
3. Suspension of coaches or individuals within an organization
4. Probation
5. Any action deemed appropriate by majority vote of the Commission.

Section 2: Sportsmanship

Assaults, verbal abuse or display of poor sportsmanship by a coach, parent, participant, club official or guest at an INLC game will not be tolerated. Alcoholic beverages or the consumption of alcoholic beverages or the use of tobacco products will not be allowed by anyone at an INLC function. Penalties will be dealt accordingly.

Section 3: Technical Fouls

Technical fouls may be assessed against the coach or player. Two technical fouls against a coach or player for behavior will result in an automatic ejection from the game and the field. Any coach or player ejected from an INLC game or scrimmage will be automatically suspended for the next INLC scheduled game. Suspended coaches and players will be allowed to attend team practice. Suspended players are required to attend the suspension game with their team but are not to dress out. Suspended coaches will not be allowed to attend the suspension game even as a spectator in the stands. Any coach or player ejected from two (2) INLC games or events will then be submitted for a conduct review by the officers of the INLC for any further penalties or possible suspensions which may occur.

The INLC Commission may review the circumstances surrounding a coach and/or player's ejection and adjust the INLC rules accordingly.

Section 4: Incident Reports

A club must submit an incident report immediately to the Commission office involving team violations of the participation rule or any other violation of the INLC Bylaws or be subject to a club fine.

XI RULE CHANGES

By-law and rule changes may be amended, adopted, or repealed at any regular meeting by a majority vote of the membership.

XII FORFEITS

A \$100.00 fine can be assessed to a team that forfeits a game. This fine must be paid before the next scheduled game. Two forfeits in a season may result in expulsion from the league.

XIII GATE ADMISSION

The admission fees will be reviewed annually by the Conference. The following uniform rates will be charged by all club/associations in INLC.

Regular Season

Adults \$4.00

Students (6-18) \$1.00

Seniors 65+ \$1.00

Children 5+ FREE

The Conference will issue four (4) gate passes per team, to the each member organization upon team declarations each year. Everyone, including coaches and sponsors, will be required to pay admission or furnish an INLC gate pass at the ticket booth or whenever asked. The exceptions are players and officials in uniform. Gate passes will be accepted at all INLC games.

Any coach or person(s) caught in an attempt to gain entry with a false or reproduced INLC gate pass, gain entry without their gate pass and/

or refuse to pay gate admission, or caught attempting to “hand-off” an INLC gate pass to another individual will be ejected from the event and are subject to having their gate pass revoked, further suspension, and/or a fine of up to \$100.00.

XIV POST-SEASON

Section 1: Play-Offs (5/6 & 7/8 Divisions Only)

At the end of the regular season, the top seeded teams in each division will be selected to participate in a play-off schedule leading up to a championship game for each grade level. The number of teams invited to the playoffs will be determined by the number of teams in corresponding grade level's division.

Section 2: End of Season Tournament

A buy-in tournament will be scheduled at the end of the regular season for teams that do not make the Play-Offs in the 5/6 and 7/8 divisions. All teams in the K-2 and 3/4 divisions will be able to participate in the end of season tournament. Teams in the 5/6 and 7/8 divisions participating in the Play-Offs will not be allowed to participate in the End of Season Tournament. Teams will be seeded by blind draw for the tournament for K/2 and 3/4. Teams will be seeded by season record for the 5/6 and 7/8 divisions.

XV PROTESTS

Protests will be made in writing to INLC within 48 hours. Only possible rule violations may be protested. Judgment calls on the part of officials many not be protested. The commission will rule on all protests. One hundred dollars (\$100) in cash must be submitted with the protest. If the protest is upheld, the money will be refunded. If the protest is denied, the money will not be refunded.

Code of Conduct

Players, coaches, officials, parents and spectators are to conduct

themselves in a manner that “Honors the Game” and demonstrates respect to other players, coaches, officials, parents, spectators and fans. In becoming a member of the lacrosse community an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in this “Code of Conduct” are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team and their organization. It is only through such conduct that our sport can continue to earn and maintain a positive image and make its full contribution to amateur sports in the United States and around the world. Indian Nations Lacrosse supports the following behaviors for those who participate in the sport or are involved in any way with IN Lacrosse. The following essential elements of the “Code of Conduct” must be followed:

1. Sportsmanship and teaching the concepts of fair play are essential to the game and must be taught at all levels and developed both at home and on the field during practices and games.
2. The value of good sportsmanship, the concepts of fair play, and the skills of the game should always be placed above winning.
3. The safety and welfare of the players are of primary importance.
4. Coaches must always be aware of the tremendous influence they have on their players. They are to strive to be positive role models in dealing with young people, as well as adults.
5. Coaches should always demonstrate positive behaviors and reinforce them to players, parents, officials and spectators alike. Players should be specifically encouraged and positively reinforced by coaches to demonstrate respect for teammates, opponents, officials and spectators.
6. Players should always demonstrate positive behavior and respect toward teammates, opponents, coaches, officials, parents and spectators.
7. Coaches, players, parents and spectators are expected to

demonstrate the utmost respect for officials and reinforce that respect to players/teammates. Coaches are also expected to educate their players as to the important role of lacrosse officials and reinforce the ideal of respect for the official to players/teammates.

8. Grievances or misunderstandings between coaches, officials or any other parties involved with the sport should be communicated through the proper channels and procedures, never on or about the field of play in view of spectators or participants.

9. Officials are professionals and are therefore expected to conduct themselves as such and in a manner that demonstrates total impartiality, courtesy and fairness to all parties.

10. Spectators involved with the game must never permit anyone to openly or maliciously criticize, badger, harass or threaten an official, coach, player or opponent.

11. Coaches must be able to demonstrate a solid knowledge of the rules of lacrosse, and should adhere to the rules in both the letter and the spirit of the game.

12. Coaches should provide a basic knowledge of the rules to both players and spectators within his/her program. Attempts to manipulate rules in an effort to take unfair advantage of an opponent, or to teach deliberate unsportsmanlike conduct, is considered unacceptable conduct.

13. Eligibility requirements, at all levels of the game, must be followed. Rules and requirements such as age, previous level of participation, team transfers, etc, have been established

to encourage and maximize participation, fair play and to promote safety.

Signatures

Coach's Signature

Print Name

Date

Parents Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Parents' Code of Ethics:

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.

I will place the emotional and physical well-being of my child ahead of my personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and will refrain from their use at all youth sports events.

I will remember that the game is for youth - not adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.

I will help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.

I will read the National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.

Signatures

Parent Signature

Parent Signature

Parent Print Name

Parent Print Name

2017
INDIAN NATIONS LACROSSE CONFERENCE
Commission and Membership Contacts

LEAGUE CONTACTS:

INYS – Director	Chad Lott	chad@youthfootball.com	918.251.1015
INLC – Commissioner	Jeff English	indiannationslacrosse@gmail.com	214.718.8869
INLC – Secretary	Michelle Reynolds	michlon80@yahoo.com	816-309-0600
INLC – Director (Field/Spring)	Mike Rogers	marogers65@live.com	425.246.0063
INLC – Director (Women's)	Tracy Isbell	tracyisbell@logicresults.com	918.520.1642
INLC – Director	Ed Rogalski	okelitelax@gmail.com	952.255.9746
INLC – Director (Box/Summer)	Matt Cobb	mcobb120@yahoo.com	918.671.1995

MEMBER CLUB CONTACTS:

Bixby	Jason Clark	jason@jcpaint.com	918.519.7742
Broken Arrow	Chad Lott	chad@youthfootball.com	918.251.1015
Capital City	John Morris	john.morris@ferguson.com	405-417-1559
Casica Hall	Trevor Wolf	twolf@casciahall.com	510-292-8609
Claremore	Eric Munden	info@claremoreyouthfootball.org	918.269.3937
Deer Creek	Marc Anderson	manderson@tomlange.com	405-842-2483
Edmond North	Rob Cherry	rob_cherry@att.net	405-830-7998
Dutch Lacrosse	Sabrina Nunnlee	msdutchlax@gmail.com	918-619-5110
Jenks	Tim Carver	tim.carver@jenksps.org	918-557-5289
Junior Comets	Christy Rawlings	christy@primerecruiting.com	918.284.1000
Northwest Arkansas	Chris McCarty	4cmccarty@cox.net	479-616-0710
Lacrosse	Terry Shephard	terry.shepard@att.net	479-925-0827
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Owasso	Jason Green	Jason@wsasales.com	918-899-6965
Republic	Kris Parks	kparks@republicmo.com	417-732-3500
Union	Mark Farquhar	msfarquharjr@yahoo.com	918.289.8916

Indian Nations Lacrosse Conference



www.inyouthsports.com

Football • Basketball • Lacrosse • Spirit • 7v7



Indian Nations Youth Sports

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